



Beatrice Middle School **MESSENGER**

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April, 2018

Beatrice Middle School Newsletter

Vol. 26 No. 5

PRINCIPAL POINTS - JOHN JAROSH

During the month of April, all of the students at Beatrice Middle School will take the new **Nebraska Student Centered Assessment System (NSCAS)** in Language Arts and Mathematics. In addition, the 8th grade students will take the assessment in science. The state has established standards for Language Arts, Mathematics, and Science that all schools within the state are to use and design their curriculum around the standards. To determine the level of comprehension of the standards, the state has developed the NSCAS assessments that are given to students. Based on the results of these assessments and the MAP assessments that will be administered in April and May, Beatrice Middle School will make academic and curricular decisions for your child and all students in the school.

The goal that staff members at Beatrice Middle School have for your child is improvement in their academic ability. Staff members have emphasized student success in their classroom and on the state assessments throughout the school year.

2017-2018 BEATRICE MIDDLE SCHOOL NSCAS (NEBRASKA STUDENT CENTERED ASSESSMENT SYSTEM) ASSESSMENT SCHEDULE

NSCAS Reading/LA.....	Tuesday, April 17, 2018: 8:28 a.m.—10:26 a.m.
NSCAS 8th Grade Science	Thursday, April 19, 2018: 1:42 p.m.—3:12 p.m.
NSCAS Math	Tuesday, April 24, 2018: 8:28 a.m.—10:26 a.m.
NSCAS Make-Up Week	April 30-May 4, 2018

MAP ASSESSEMENT SCHEDULE 2017-2018

MAP Science	April 9 and 10, 2018
MAP Reading	May 3 and 4, 2018
MAP Math.....	May 7 and 8, 2018
MAP LA	May 14 and 15, 2018
MAP Make-Up.....	May 16, 17, 18, and 21, 2018

PARENTS, HOW CAN YOU HELP?

- 1) Emphasize to your child that it is important that they give their very best effort on each of the assessments. Their effort will demonstrate their academic skill.
- 2) Make sure your child gets a good night's sleep prior to the assessment. Being well rested will help student's ability to be successful.
- 3) Eat breakfast in the morning so the body is nourished to do well.
- 4) Remind your child to use the skills that staff members have taught during the second semester.
- 5) The assessments are untimed so remind your child to take their time and think through each question.
- 6) Be sure that your child is on time to school as the testing begins at the start of school.



COUNSELORS' QUIPS

Amy Randel, Counselor
Angie Vogel, Counselor



THE RESEARCH ON WHAT CREATES SATISFIED AND SUCCESSFUL KIDS

By: Tim Elmore

I've been a Type 1 diabetic since 1980. When I was first diagnosed, the technology for patients like me was average at best. Insulin was available, but I had to take multiple injections every day; we measured glucose levels instead of total carbs and I had to test my blood sugar levels with a urine sample. They told me I could expect to live 20 more years. Today—while I remain a diabetic, my sugars are under much better control thanks to new technology. This spring, I will purchase a new insulin pump with a sensor that's able to communicate with my pump and monitor my sugar levels automatically.

I love progress. I bet you do as well.

And humans have made tangible progress on so many fronts—like science, technology, medicine, psychology and loads of others. I wonder, however, if we've neglected some common sense on raising kids, teaching students and equipping young adults to function on their own. In some ways, we've regressed not progressed.

What Did the Most Extensive Longitudinal Study Discover About Kids?

The Harvard Grant Study is the longest longitudinal study in history. It was a study of 268 mentally healthy college sophomores at Harvard, between 1939-1944. It was done alongside the Glueck Study (1940-1945) of 456 disadvantaged youths in Boston. The studies tracked the lives of these students over the decades and continues to this day, although few are still alive. The goal was to discover patterns for what fostered happy, well-adjusted adults over the course of a lifetime. Some of the conclusions are predictable:

- * Those who embraced a community of close friends were happier as adults.
- * Those who had warm, caring parents as children were more satisfied as adults.
- * Those who had a happy marriage were the ones who experienced good mental health.

One common denominator, however, was less predictable. When it comes to happy, successful adults, the study found a pattern in those who experienced this success and those who did not. Can you guess what it was? Believe it or not, there was a close tie between successful grown ups and childhood chores. Professional success in life—which is what we want for our students—comes, at least in part, from doing household chores as a kid. The people who ended up well-adjusted were those who had regular tasks to do around the house as an expectation of being part of the family. In the words of Princeton educator Julie Lythcott-Haims, it stems from building into kids:

- * The ability to see something that needs to be done.
- * The responsibility to take initiative for a task.
- * The capability to roll up your sleeves, pitch in, and do it.
- * The capacity to contribute your best effort for the betterment of the whole.

Further, the study concluded—the earlier kids start the better.

So, Whatever Happened to Chores?

Some of you reading this, still have your kids doing chores around the house. More, however, have dropped this expectation from their parenting. We've replaced it with recitals, rehearsals, practices, games, competitions, homework and the like. The fact is, today's kids might just be too busy to participate in family chores.

Here's the slight difference between today's activities and chores. Unless we are careful, today's student activities are almost always about them. The narrative is about THEM getting ahead; about THEIR playing time; about THEIR personal success.

- * Not the betterment of the whole
- * Not the sacrifice of themselves for a larger community
- * Not seeing what needs to be done and working at getting it done

In addition, it's often doing only what the coach, teacher or trainer told them to do.

Certainly, I believe with good coaching, that extracurricular activities like sports, theatre and music can accomplish what I am talking about. Sadly, however, many teachers and coaches feel parents only push their child forward for their own personal success. *Chores are inherently about sacrifice for the whole and today's activities are often about self.*

So, Here's My Challenge

Parents—let's make our focus about equipping our kids to see the big picture, not just their own picture, a selfie. Instead of becoming obsessed with grades, scores and what college they get into, let's become consumed with preparing them to do life well. What if we insist everyone in the family do chores—knowing the outcomes that will likely follow? This won't automatically lead to them getting into an Ivy League school, nor will it enable us to put an impressive bumper sticker about our kid on the back of our Lexus—but in years from now, it will produce great people.

Notes From The Nurse

PHYSICALS FOR THE 2018/2019 SCHOOL YEAR

We are quickly approaching the end of the school year (only 7 weeks left!!). As we near the end of the year we need to get a head start on the 2018-2019 school year. The following are requirements per NE Law (79-444) for physical examinations:

*All current 6th grade children will need a physical by a doctor, BEFORE entering 7th grade next fall. PLEASE make your appointments soon as we will need these on file no later than the first day of school. If we do not have a physical on file for your child after the first full day of school, your child could be excluded from school until this is completed. We will let you know this information months in advance so that you have the entire summer to get these physicals done. Please schedule an appointment time with your physician as soon as possible as spots fill up fast the closer we get to summer.

*Every child that would like to participate in a sport will need a Pre-participation Physical Evaluation (sports physical) BEFORE participating in chosen sport. All sports physicals must be dated AFTER MAY 1ST to count towards any sports played during the 2018-2019 school year. If your child will be a 7th grader, their sports physical will also count as their 7th grade physical. Your child must get a new sports physical done every school year if they are playing a sport.

*If your child has asthma or allergies, please remember to have the examining doctor fill out or update your child's current Asthma/Allergy Action Plan during their physical or before next school year starts. Your physician should have copies of the form, if not, the form is available in the nurses office, or online at www.beatricepublicschools.org. THIS FORM MUST BE UPDATED EVERY SCHOOL YEAR. If your child has an Epi-Pen, please make sure to supply one to the school on the first day of school so we do not have a lapse in treatment.

VACCINE REMINDER

All students enrolling in 7th grade next year must provide evidence of having one booster of Tdap vaccine given on or after 10 years of age. If you have a 6th grade student this year, they will be required to show proof of the Tdap vaccination before they will be able to enter 7th grade.

Once vaccinations are received, please send a copy to the school nurse so it is on file and your child is up to date BEFORE THE START OF SCHOOL NEXT FALL. Gage County Immunization Clinic is now open every week.

GAGE COUNTY IMMUNIZATION CLINIC

Parkview Conference Room
1216 S. 8th, Beatrice

Call 223-2366 must have an appointment

Must also show your insurance card at time of appointment.
Every Monday, 12-4 p.m., Every Tuesday, 3-7 p.m., Every Thursday, 12-4 p.m.



PUBLIC HEALTH SOLUTIONS

5109 W Scott Rd, Suite 410, Beatrice
(Northwest building on SCC campus)

Call 402-826-3880 must have an appointment

Taking insured and uninsured individuals, no out-of-pocket costs
The 2nd Wednesday of each month, 3-7 p.m.



FROM THE LIBRARY

As the end of the school year approaches, there are library books that need to be returned. Several students have lost their books. Please help them find them or send money for replacement. Fines do follow kids to the high school.

Remember, your kids can continue to read throughout the summer using the e-books I mentioned earlier in the year. If your student needs help getting it all set up, send them my way with their device and I will get them going.

Keep in mind.... "students who do not read over the summer may lose two or more months worth of reading achievement. These students are also likely to lose a month or more of spelling learning skills, the second highest loss in any area." (onlinecollege.org, snatched 3/22/17).

Washington D.C. and Gettysburg Trip Update

Washington D.C. and Gettysburg will be the site of a five day / four night educational tour for 75 Beatrice Middle School 8th graders, teachers, and parents. Worldstrides Educational Tours and 8th grade History and Civics teacher Michael Policky are sponsoring the trip. Students will see Mount Vernon, George Washington's home; the White House, the Holocaust Museum, Arlington National Cemetery, and other sites in the Washington D.C. area as well as historical Gettysburg. Policky noted the reason for sponsoring this trip is to provide students with a once in a lifetime opportunity to experience the history, culture, and government of our country's great capital and the early beginnings of our country. The group travels to the East coast from May 29th- June 2nd, 2018. Please watch for emails and notices of meetings for further information.

Beatrice Middle School 7th graders and parents also recently held meetings for the kickoff to the 2019 Washington D.C. and Gettysburg trip scheduled for May 28th -June 1st, 2019. Early registration discounts are available through April 20th, 2018 for the 5day/4 night trip. Besides the discounted fares, it allows students and parents 13 months to work and pay off the trip. Those who sign up should also ask about Flag Scholarships that help pay for the trip. This trip is open to 8th graders (2018-2019 school year), parents, and older siblings who did not have the opportunity to go to Washington D.C. but who would still like the chance to gain the experience and education associated with such a trip. Registration is now open and there are already 56 people signed up for this trip.

Students who are currently in elementary grades and 6th grade are encouraged by Mr. Policky to establish a savings account and begin saving for the 2020 trip and beyond. The tentative dates for this trip are May 26th -May 30th, 2020. With some hard work, the desire for learning, and the ability to save, anyone can make this trip a reality.

Anyone with questions concerning the 2018, 2019, or 2020 trips should direct their questions to Mr. Michael Policky at 228-4642.

Master Facility Planning Meetings Scheduled

Beatrice Public Schools has scheduled a series of four (4) master facility plan meetings in April to gain community input. The meetings are designed to give the attendees a comprehensive review of current facilities and gather input on how the school district should proceed with facilities in the future. The information gathered in these meetings will be shared with the Board of Education. The meetings will take place from 7:00 - 9:00 p.m. each Wednesday in April. These meetings are open to the public.

The agenda for each meeting is full. We will not be able to go back and review previously discussed topics. We encourage you to attend all four meetings. The meeting dates and abridged agenda are below.

Meeting #1- Wednesday, April 4th (High School Commons)

Review and confirm goals and objectives
Overview of all district facilities
Review current enrollment and capacity

Meeting #2- Wednesday, April 11th (Middle School Library)

Review questions from previous meeting
Physical plant needs and review
Program needs review
Prioritize needs and issues
Identify potential solution options

Meeting #3- Wednesday, April 18th (Stoddard Elementary Library)

Review questions from previous meeting
Review solution options
Determine pros and cons of options
Review cost parameters
Review cost options

Meeting #4- Wednesday, April 25th (Location TBA)

Review questions from previous meeting
Review solution options
Straw poll of options
Recommendation considerations

BMS STUDENTS OF CHARACTER



Week of February 26

Row one: Olivia Achtemeier, Nicholette Brewer, and Avery Knowles. Row two: Jordan Loomis, Jenessa Guenther, Tucker Timmerman, and Olivia Eckert.



Week of March 5

Left to right: Rylie Saathoff, Emma Erikson, and Michael Roschewski.



Week of March 12

Left to right: Kody Jurgens, Seth Oltmans, Autumn Bartlett, and Colton Herfel. Not pictured: Winly Theplikhith.



Week of March 19

Left to right: Kendall Hein, Olivia Pfeiffer, and Brianna Brewer. Not pictured: Ethan Jurgens.



7th & 8th GRADE GIRLS and BOYS TRACK

April 5	Fairbury Dual	3:30 (T)
April 12	Marysville Invite	3:00 (T)
April 16	Columbus	9:30 (T)
April 20	Elkhorn	2:00 (T)
April 25	Lewiston Invite (7th Boys and Girls) @ Pawnee City	9:00 (T)
April 27	Norris (8th Boys and Girls)	3:30 (T)
May 4	Beatrice Invite	3:00 (H)

7th Gr. Girls Track

Ross Hogland
Melissa Carper



8th Gr. Girls Track

Ben Essam
Michael Policky

7th Gr. Boys Track

Travis Schuster
Jeff Junker

8th Gr. Boys Track

Missy Mahoney
Derek Niss

DRESSING FOR SPRING

Students and parents, the weather is beginning to warm up as spring approaches. Please remember the Beatrice Middle School dress code as it pertains to spring and summer attire.



During the middle school years, students are going through their biggest growth spurt. What may have fit during the fall could be too short or tight when spring arrives. If the shirt that is worn does not have capped sleeves and cover the students midsection, both in the front and back, students will be asked to put on a different shirt. A good test to check to see if the shirt is appropriate in length is raise a hand and if the child's midsection shows, the shirt is too short. Secondly, if the student sits down and the shirt pulls up in the back, the shirt is too short. Shorts that are worn to school are required to be finger tip length to ensure modesty for students. Shorts cannot have holes in them or writing that is inappropriate for a school setting.

Thank you for helping keep the environment at Beatrice Middle School focused on learning in the classroom.

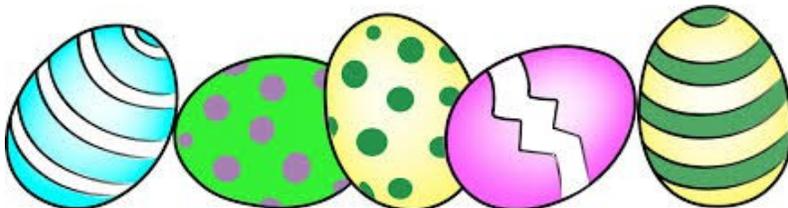
BHS SHOW CHOIR ADDITIONS 2018-2019 SCHOOL YEAR

Beatrice High School show choir additions for the 2018-2019 school year will be April 11, from 2:30-9:00 p.m. Audition packets may be picked up at the middle school office and need to be turned back in by Wednesday, April 4.

8TH GRADE

April 25

Field Trip to
Doane
University



HELP WANTED

On Friday, May 4th at 3:00 Beatrice Middle School will be hosting a track invite which will include a total of six schools. These meets include both 7th and 8th grade boys and girls. If anyone is interested in helping, please contact Jeff Junker at 223-1500, ext 1161 or the Middle School at 223-1545. We need people to run field events and timers. It takes several people to put on a track meet.



Thank you.....

DID YOU KNOW BMS IS ON TWITTER AND FACEBOOK?

CHECK US OUT ON:

Twitter: @BMSbrags
Facebook: Beatrice Public Schools
Website: beatricepublicschools.org

LOOK AT SOME OF THE FUN THINGS
HAPPENING IN OUR SCHOOL

MRS. SYKES' 6TH AND 7TH GRADE



Want to know what your child's math homework assignments are? Check out Mrs. Sykes website. Here you will find the homework assignments for my 6th and 7th grade math students. This page is updated on a weekly basis and will let you know not only the daily assignments but also will keep you up to date when quizzes and tests will be. This is a great way to keep on top of things and will also allow you and your child to keep current on assignments when they are absent. Simply log on to beatricepublicschools.org and click on the Beatrice Middle School tab under the Schools section. From there, click on the Teacher Websites box and click on Sykes. The assignments are posted on the Math 6 and Math 7 link. Add this link to your favorites or bookmarks so you have a direct link to the homework anytime!

SKILLS OF THE WEEK

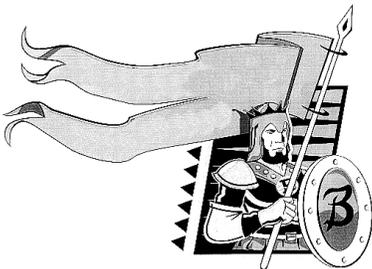
April 9..... Accepting Compliments
April 16..... Listening
April 23..... Accepting No for an Answer
April 30..... Following Instruction



BMS Messenger Editor
Laurie Bloomquist



Beatrice Middle School
215 N. 5th Street
Beatrice, NE 68310



The mission of Beatrice Public Schools, a collaborative partnership of students, staff, families, and community, is to guarantee all students achieve academic excellence and develop responsible citizenship by providing aligned, rigorous curriculum and high-quality instruction that utilizes 21st Century tools in a system that is measurably among the best in the nation.